

Family Education & Support Group

**Are you concerned about a friend or family member
struggling with an addiction, depression or anxiety?
Are you worried about your own wellbeing?**

Attend the Family Education & Support Group online to:

- Learn to help someone you care about struggling with an addiction or mood disorder
- Gain support and discussion with other people struggling with the similar problems
- Learn more about addictions and the underlying issues, co-dependency, and family systems
- Learn more about the SPP approach to treatment for addictions and mood disorders

South Pacific Private's Family Education and Support Group is designed to meet the needs of people who want to know more about addictions, depression, anxiety or relationship issues.

Often by the time family member's find their way to South Pacific Private they are exhausted by the cycle of despair that accompanies untreated addictions and mood disorders. We believe the more informed you are, the easier it is to make decisions that will support your friend, family member, or even yourself, in dealing with these issues.

The Family Education and Support Group is hosted by a senior facilitator, and family members can access this group in four different ways:

1. Over the course of four Wednesday evenings from 6-8:30pm. This option runs on a 4-week rotating cycle and is ongoing. \$300 per person.
2. One full day at South Pacific Private from 10am-4pm. This option is offered fortnightly when the minimum number of participants have enrolled. Please request the next available date from the Family Liaison Officer or Day Program Manager. \$300 per person.
3. Online as a live group meeting. This option is offered once per month when the minimum number of participants have enrolled. Please request the next available date from the Family Liaison or Day Program Manager. \$300 per person.
4. As a private one day group from 10am-4pm (no other families included). Date to be coordinated with the Family Liaison Officer or Day Program Manager. \$1500 per family and can include minimum 1 and maximum 8 family members.



Family Education & Support Group Registration Form

Please complete the following details to register your attendance at FAMILY EDUCATION & SUPPORT GROUP
• 24 Beach St, Curl Curl, NSW 2096 •

Title	Name	Surname
Mailing address		
Email address		
Day time phone	Mobile (Optional)	

Please accept my registration fee of (tick as appropriate): \$300.00 inc. GST \$1500.00 (Private group) inc. GST via:

Cheque (enclosed & payable to South Pacific Private) Mastercard Visa

Card Details:

Cardholder's name
(if different from above)

Card number

Expiry date / Cardholder's signature

Income tax receipts will be mailed to you with a manual prior to commencement.

Registration forms may be mailed to:

South Pacific Private Family Education & Support Group
24 Beach Street,
Curl Curl NSW 2096

Faxed to 02 9905 9696

Emailed to the Intake Department info@southpacificprivate.com.au