

Family Education Day Program

The Family Education Day is an introductory 1 day, 6 hour course designed specifically for the family, partners, friends and carers of people experiencing addiction or mental health concerns. The course is available to everyone, including those with loved ones who are still struggling, who are already in treatment or who are in recovery.



About

At South Pacific Private, we understand that watching a person you love struggle with addiction or mental health issues can be both painful and confusing.

Our Family Education Day is designed to start to equip you with the tools and strategies you need to recognize addiction and mental health issues, set clear and effective boundaries and communicate effectively with your loved one.

South Pacific Private is Australia's only treatment center to integrate a dedicated family program within our treatment plans. We recognize that repairing, restoring and healing our most intimate and important relationships is critical for lasting success.

+
Single Day

+
**In Person
or online**

+
**Families and
loved ones**

+
**Self-Payment Private
sessions available**

Program Content

- Shows you how to support a loved one on their journey to recovery
- Educates on the underlying causes of addiction and mental health disorders
- Explains the role of the family system and how it is intrinsic to the process of Recovery
- Connects you to others with similar experiences, so you don't feel alone
- Teaches you effective techniques for communication
- Supports you in your own journey of healing
- Provides a snapshot of treatment options at South Pacific Private

Who is it for?

This program is open to everybody: Whether your loved one is currently in treatment at South Pacific Private, you are trying to support your loved ones into treatment. And for those of you who are just realizing that addiction may be a problem for a loved one, or you who have tried everything to help, but to no avail.

Cost

This is a self-funded program. In person and online participation costs come to \$300 per person. Private sessions are set at \$1,500 per family.

For more information please contact our Intake Team on 1800 063 332.

Program Delivery

The Family Education Day is available:

- 1 full day program in person [10 to 4pm] *
- 1 full day program online [10 to 4pm]
- 1 full day program as a private, bespoke session for only your family

Contact our Intake team on 1800 063 332 for a full list days and times available.

** Due to Covid we are only offering this group online currently*

How to get started

For family and friends who currently have a loved one in treatment at South Pacific Private – our family support team will contact you within 24hrs to discuss the program once consent to contact is established with your loved one.

For clients and family and friends new to South Pacific Private please contact our Intake team on 1800 063 332.

**Our Intake Team is available to answer your questions.
Call 1800 063 332 now.**