

South Pacific Private is a private mental health hospital on Sydney's Northern Beaches, providing an intensive inpatient program and outpatient day programs for adults experiencing addiction, trauma, anxiety, depression and related mental health conditions. Every referral is assessed individually by our clinical team.

Clients we can help

- Adults seeking treatment for mental health, trauma, substance use or process addiction concerns
- Clients who are medically and psychiatrically stable enough to participate in a therapeutic group program
- Voluntary clients who are motivated to engage in treatment
- Clients with private health insurance or the means to self-fund (see Funding below)

Conditions and addictions we treat

Addictions

- Alcohol Addiction
- Drug and Substance Addiction
- Prescription Medication Addiction
- Gambling Addiction
- Sex and Pornography Addiction
- Gaming, Social Media and Device Addiction
- Work Addiction
- Love Addiction / Love Avoidance
- Medical Detox

Mental Health Treatment

- Depression
- Anxiety
- Codependency and Relational Issues
- Dual-diagnosis
- Disordered Eating

Trauma

- Post Traumatic Stress Disorder (PTSD)
- Complex Post Traumatic Stress Disorder (C-PTSD)

A note on suitability

Our programs are not suitable for clients who are actively suicidal, on involuntary status or acutely unstable. These presentations are best directed to acute or public services in the first instance, and once a client has stabilised, our programs may become an appropriate next step. If you're unsure whether a client is suitable, call our designated healthcare provider line on 1800 063 332 for advice.

Funding

Admission can be funded through any of the following pathways. We recommend confirming a client's funding early in the referral conversation.

- Private health insurance with hospital cover
- Department of Veterans' Affairs (DVA)
- National Disability Insurance Scheme (NDIS)
- Workers compensation
- Early release of superannuation
- Out of pocket / self-funded

How to refer

1. Call our intake team on 1800 063 332 to discuss your patient or client. We can talk through suitability and, if our programs aren't the right fit, suggest other options. If you're not a GP or psychiatrist, we can also help coordinate a referral through your client's GP or psychiatrist.
2. A referral from a GP or psychiatrist is required for any admission. Complete the Doctor's Referral Form, available at southpacificprivate.com.au/healthcare-professionals/doctors-referral-form, and email it to intake@southpacificprivate.com.au, or fax it to (02) 9905 9696.
3. Ask the client to phone our intake team on 1800 063 332.
4. Our intake team will discuss the programs and, if suitable, book a complimentary phone assessment (up to 45 minutes).
5. Our clinical team provides a treatment recommendation, which is relayed back to the client.
6. Admission is scheduled as the final step.

Intake: 1800 063 332 Referrals: intake@southpacificprivate.com.au Fax: (02) 9905 9696 southpacificprivate.com.au

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